

ALPHARETTA HIGH SCHOOL FOOTBALL CALENDAR 2009-10

Updated 05/09/09

(tentative)

JANUARY

JANUARY 5 (MON.)	TEAM MEETING-WEIGHT LIFTING PROGRAM CURRENT 8 TH – 11 TH GRADE ATHLETES (AHS WEIGHT ROOM)	3:00 PM
JANUARY 6 (TUE.)	BEGIN WEIGHT LIFTING (EVERY MON., TUE., THUR., & FRI.) (AHS WEIGHT ROOM)	
	BEGIN 8 TH GRADE WEIGHT LIFTING (BUS WILL PICK ATHLETES UP AT WBMS)	4:15-5:30 PM
JANUARY 19 (MONDAY)	MARTIN LUTHER KING JR. HOLIDAY (WEIGHT ROOM CLOSED)	

FEBRUARY

FEBRUARY 16 (MONDAY)	PRESIDENT'S DAY HOLIDAY- NO SCHOOL WEIGHT LIFTING	10:00 AM- 12:00 PM
FEBRUARY 25 (WEDNESDAY)	EARLY RELEASE DAY ALL ATHLETES WEIGHT LIFT NO WEIGHT LIFTING FOR 8 TH GRADE	6:30 AM
FEBRUARY 26 (THURSDAY)	JUNIOR RAIDER INFORMATIONAL MEETING CURRENT 5 TH -7 TH GRADES (AHS CAFETERIA)	7:00 PM

MARCH

MARCH 9-12 (MON.-THUR.)	WEIGHT LIFTING "TEXAS TECH STYLE" (AHS WEIGHT ROOM)	REGULAR TIMES
MARCH 13 (FRIDAY)	TEACHER WORK DAY- NO SCHOOL NO WEIGHT LIFTING	
MARCH 25 (WEDNESDAY)	EARLY RELEASE DAY (ALL WEIGHT LIFTING IN THE MORNING) NO WEIGHT LIFTING FOR 8 TH GRADE	6:30 AM
MARCH 31 (TUESDAY)	FOOTBALL INFORMATIONAL & REGISTRATION CURRENT 8-11 GRADES (AHS CAFETERIA)	7:00 PM

APRIL

APRIL 6-10 (MON.-FRI.)	SPRING BREAK (WEIGHT ROOM CLOSED)	
APRIL 18 (SATURDAY)	JUNIOR RAIDER FOOTBALL REGISTRATION (AHS GYMNASIUM)	9:00 AM-1:00 PM

APRIL 20 (MONDAY)	PHYSICALS (AHS Gym Health Rooms)	4:00 PM
APRIL 21-23 (TUES.-THUR.)	LIFT-A-THON CURRENT 8 TH -11 TH GRADE (AHS WEIGHT ROOM)	4:00 PM
APRIL 25 (SATURDAY)	H.S FOOTBALL REGISTRATION (AHS FINE ARTS BUILDING)	9:00 AM-1:00 PM
	JUNIOR RAIDER FOOTBALL REGISTRATION & EQUIPMENT ISSUE (AHS Fine Arts Building)	9:00 AM- 12:00 PM
APRIL 27- MAY 16 (MONDAY)	JUNIOR RAIDER SPRING FOOTBALL (AHS)	7:00-9:00 PM
APRIL 27 (MONDAY)	UPCOMING 10 TH -12 TH GRADE EQUIPMENT ISSUE (AHS GYMNASIUM)	4:00 PM
APRIL 28 (TUESDAY)	UPCOMING 9 TH GRADE EQUIPMENT ISSUE (AHS GYMNASIUM)	4:15 PM
APRIL 29 (THURSDAY)	SPRING FOOTBALL PRACTICE (4/29-5/12) (AHS)	4:00-6:30 PM

MAY

MAY 2 (SATURDAY)	2 ND ANNUAL RAIDER RUN FOR AUTISM (AHS)	10:00 AM
MAY 8 (FRIDAY)	AHS LIFT-A-THON FINALE (AHS CAFATERIA)	6:45 PM
MAY 9 (SATURDAY)	JUNIOR RAIDER JAMBOREE (Alpharetta High School)	9:30 AM
MAY 12 (TUE.)	SPRING FOOTBALL GAMES JV VS. FRESHMEN VARSITY	5:00 PM 6:45 PM
MAY 15 (FRIDAY)	AHS POWDER PUFF FOOTBALL GAME (AHS Stadium)	6:00 PM
MAY 16 (SATURDAY)	SPARQ Training & Football Combine (AHS Stadium)	8:00 AM
MAY 16 (SATURDAY)	JUNIOR RAIDER JAMBOREE (Wheeler High School)	9:30 AM
MAY 18-22 (MON.-FRI.)	NO WEIGHT LIFTING	
MAY 20-22 (WED.-FRI.)	FINAL EXAMS	
MAY 25 (MON.)	MEMORIAL DAY NO WEIGHT LIFTING	

MAY 26 (TUE.)	SUMMER WEIGHT LIFTING AND CONDITIONING BEGINS (WORKOUTS MON., TUE., WED. & THUR. THROUGHOUT THE SUMMER)	8:00-9:30 AM OR 1:00-2:30 PM
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JUNE

JUNE 6	NORTH METRO OFFENSIVE LINE CAMP (All Offensive Linemen must Attend)	8:00AM – 2:45PM
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JUNE 29-JULY 3 (MON.-FRI.)	NO WEIGHT LIFTING AND CONDITIONING	
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JULY

JULY 6 (MON.-THUR.)	RESUME WEIGHT LIFTING AND CONDITIONING	8:00- 9:30AM OR 1:00-2:30
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JULY 15-17 (WED.-FRI.)	PRESBYTERIAN COLLEGE CAMP 7 on 7, Offensive Line / Defensive Line Camp (Entire Team Must Attend)	TBA
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JULY 20-22 (MON.-WED.)	FELLOWSHIP OF CHRISTIAN ATHLETES TEAM CAMP (UNIVERSITY OF WEST GEORGIA) (Entire Team Must Attend)	TBA
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JULY 25 (SATURDAY)	H.S & JUNIOR RAIDER FOOTBALL REGISTRATION (AHS GYMNASIUM)	9:00 AM - 12:00 PM
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JULY 25 (SATURDAY)	SMART HEART SCAN (AHS GYMNASIUM)	9:00 AM – 6:00 PM
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JULY 27-30 (MON.-THUR.)	PHYSICAL FITNESS TESTING, CONDITIONING & FOOTBALL PRACTICE (MANDATORY)	8:00-11:30 AM
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JULY 27 (MON.)	H.S. PARENTS' MANDATORY MEETING (AHS CAFETERIA)	7:00 PM
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JULY 28 (TUE.)	JUNIOR RAIDERS PARENTS' MANDATORY MEETING (AHS CAFETERIA)	7:00 PM
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JULY 31 (FRI.)	H.S FOOTBALL PRACTICE (AHS)	8:00-11:30 AM
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AUGUST

AUGUST 1 (SAT.)	OLD SOLDIERS DAY PARADE (CITY OF ALPHARETTA)	8:00-11:30 AM
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AUGUST 3 (MON-FRI.)	TEACHER PRE-PLANNING PRACTICE (HELMET AND SHOULDER PADS)	3:00-6:00 PM
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AUGUST 6 (THUR.)	SENIOR COOK OUT (Bennett House)	7:15 PM
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AUGUST 7 (FRI.)	TEAM PICTURES (AHS STADIUM)	12:00 PM
AUGUST 10 (MON.)	FIRST DAY OF SCHOOL	8:40 AM
	FOOTBALL PRACTICE	4:00-7:00 PM
AUGUST 11 (TUE.)	FALL COVERED DISH (AHS CAFETERIA)	6:30PM
AUGUST 14 (FRI.)	FALL KICKOFF: (AHS STADIUM) JV VS. FRESHMAN VARSITY	5:00 PM 6:45 PM
AUGUST 20 (THUR.)	JUNIOR RAIDERS COOK OUT (AHS STADIUM)	6:30 PM
AUGUST 20 (THUR.)	VARSITY SCRIMMAGE VS NORTH FORSYTH (AT AHS)	7:30 PM
AUGUST 28 (FRI.)	VARSITY FOOTBALL GAME (AWAY VS SOUTH FORSYTH)	7:30PM

SEPTEMBER

SEPTEMBER 3 (THURS.)	FR VS WHEELER (AWAY) JV VS WHEELER (AWAY)	5:00 PM 7:00 PM
SEPTEMBER 4 (FRI.)	VARSITY FOOTBALL GAME (HOME VS WHEELER) (Middle School Night)	7:30 PM
SEPTEMBER 7 (MON.)	LABOR DAY FOOTBALL PRACTICE	5:00-8:00 PM
SEPTEMBER 10 (THURS.)	FR VS CENTENNIAL (HOME) JV VS CENTENNIAL (HOME)	5:00 PM 7:00 PM
SEPTEMBER 11 (FRI.)	VARSITY FOOTBALL GAME (AWAY VS CENTENNIAL)	7:30 PM
SEPTEMBER 17 (THURS.)	FR VS MILTON (AWAY) JV VS MILTON (AWAY)	5:00 PM 7:00 PM
SEPTEMBER 18 (FRI.)	VARSITY FOOTBALL GAME (HOME VS MILTON)	7:30 PM
SEPTEMBER 24 (THURS.)	FR VS WALTON (HOME) JV VS WALTON (HOME)	5:00 PM 7:00 PM
SEPTEMBER 25 (FRI.)	VARSITY FOOTBALL GAME (AWAY VS WALTON)	7:30 PM

OCTOBER

OCTOBER 8 (THURS.)	FR VS LASSITER (HOME) JV VS LASSITER (HOME)	5:00 PM 7:00 PM
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OCTOBER 9 (FRI.)	VARSITY FOOTBALL GAME (AWAY VS LASSITER)	7:30 PM
OCTOBER 15 (THURS.)	FR VS ROSWELL (AWAY) JV VS ROSWELL (AWAY)	5:00 PM 7:00 PM
OCTOBER 16 (FRI.)	VARSITY FOOTBALL GAME (HOME VS ROSWELL)	7:30 PM
OCTOBER 22 (THURS.)	FR VS POPE (AWAY) JV VS POPE (AWAY)	5:00 PM 7:00 PM
OCTOBER 23 (FRI.)	VARSITY FOOTBALL GAME (HOME VS POPE) (Homecoming)	7:30 PM
OCTOBER 30 (FRI.)	VARSITY FOOTBALL GAME (AWAY VS KELL)	7:30 PM

NOVEMBER

NOVEMBER 6 (FRI.)	VARSITY FOOTBALL GAME (HOME VS CAMPBELL) (Senior Night)	7:30 PM
NOVEMBER 13-14 (FRI. – SAT.)	STATE PLAYOFF GAME (TBA) 1 st ROUND	TBA
NOVEMBER 20-21 (FRI. – SAT.)	STATE PLAYOFF GAME (TBA) 2 nd ROUND	TBA
NOVEMBER 27-28 (FRI. – SAT.)	STATE PLAYOFF GAME (TBA) 3 rd ROUND	TBA

DECEMBER

DECEMBER 4-5 (FRI. – SAT.)	STATE PLAYOFF GAME (TBA) SEMIFINALS	TBA
DECEMBER 6 (SUNDAY)	AHS FOOTBALL BANQUET (Alpharetta Marriott)	1:00 PM
DECEMBER 12 (FRI. – SAT.)	STATE CHAMPIONSHIP GAME (TBA) GA. DOME	TBA